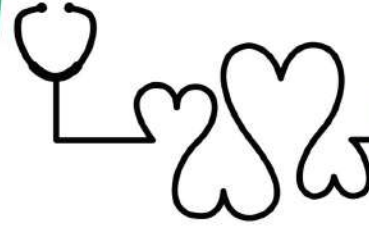




چینیوٹ جنرل ہسپتال

**CHINIOT GENERAL HOSPITAL**  
A Project of Chiniot Anjuman Islamia



**LIFELINE**  
NEWSLETTER  
Jan 2022- Mar 2022



**26 YEARS OF  
DEDICATED SERVICES**

f chiniotospitalkarachi

0335 - 2446468

www.cgh-k.com

021 - 35063443

ST - 1/3, SECTOR 41-B, KORANGI TOWNSHIP, KARACHI

## Breast Cancer Awareness Month 2021

Breast cancer is the second leading cause of death in women worldwide. Across Asia, Pakistan has the highest cases of Breast Cancer. It is estimated that 1 of 10 women may develop Breast Cancer in their lifetime. October is the Breast Cancer Awareness Month. Through increased awareness of breast cancer and its risk factors, cases can be diagnosed earlier or possibly even prevented. To enhance community awareness, CGH organized Breast Cancer Awareness Session in which, Dr. Bushra Liaqat (Renowned Gynaecologist) shed light on Associated Risk, Prevention and Treatment of Breast Cancer.

The most common risk factors for breast cancer are: A family history of breast cancer and genetic mutations post menopause at the age of 55. Women are advised to get screening mammograms done every year, after the age of 40. Monthly physical self-breast examination is advised from the age of 20.



## International Infection Prevention Week 2021

Infection prevention has become a significant challenge for everyone due to COVID-19 pandemic. The aim to organize this activity at Chiniot General Hospital was to reduce preventable infections, ways and means to self inspect and timely detection of severe infections. This awareness week was as important as ever to raise awareness and thank the healthcare workers for doing their part to keep the population safe throughout the year. Staff and community awareness on the theme was done through various activities such as group lectures, quiz competition, pledge writing and racing contest depicting the importance of Hand Hygiene in infection prevention.

The week was concluded through a CME in which Ms. Shaheen Asif (Head of Infection Control Department in a renowned health institution) was invited as guest speaker. This CME was attended by stakeholders from both clinical and corporate services.



SAVE LIVES THROUGH YOUR  
**ZAKAT & DONATIONS**  
TO CHINIOT GENERAL HOSPITAL

### Bank Account Details

#### MCB BANK

Korangi No. 6 Branch Karachi

Account Title: Chiniot General Hospital  
Account No: 097 901010021771  
IBAN: PK16MUCB0097901010021771  
Branch Code: 0979

#### MEEZAN BANK

Q-37 Sector 33-A, Main Korangi Road, Karachi.

Account Title: Chiniot General Hospital  
Account No: 01 8901 01872046  
IBAN: PK19MEZN0001890101872046  
Branch Code: 0189







## World Patient Safety Day 2021



In conjunction with the World Patient Safety Day 2021, which was observed this year under the theme "Safe maternal and newborn care", Chiniot General Hospital organized number of activities from September 20 to September 23, 2021. The activities aimed to enhance understanding of World Patient Safety Day across communities. This year the disruption of essential health services worldwide caused by the COVID-19 pandemic made the World Patient Safety Day celebration even more significant.

To raise awareness on the issues of maternal and newborn safety, particularly during childbirth, training sessions and health talks were arranged for healthcare staff and patients. Quiz competitions were held in different units at Chiniot General Hospital to engage multiple stakeholders and promote effective and innovative strategies to improve maternal and newborn safety.

## TRAININGS

### CONTINUOUS MEDICAL EDUCATION Prevention from Surgical Site Infection



### IPSG ( International Patient Safety Goal )



## HANDWASHING TIPS







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## **CHINIOT INSTITUTE** **OF NURSING & MIDWIFERY**

Chiniot Institute of Nursing and Midwifery (CINM) is committed to produce highly capable, dedicated and qualified nurses through knowledge, skills and research to meet the healthcare demand, domestically and internationally. To achieve CINM's mission, Nursing Degree Program has been Initiated at Korangi, Karachi Campus.

Process of facility upgrade to meet requirements of Pakistan Nursing Council & Department of Health Government of Sindh, was initiated by Team CINM and completed satisfactorily in March 2022. NOC has been issued by Government of Sindh in December 2021, and by Pakistan Nursing Council in March 2022. Classes are scheduled to commence in April 2022 following completion of affiliation with Jinnah Sindh Medical University.







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## **CHINIOT INSTITUTE** OF NURSING & MIDWIFERY



Our Faculty and First Batch of BSN Program

 **CHINIOT INSTITUTE**  
OF NURSING & MIDWIFERY  
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## Expansion of Quality Healthcare Services at CGH



To expand its service footprint, CGH is augmenting its existing infrastructure by adding 4 new blocks (2 floors), which will include OPD & Emergency upgradation, Surgical & Allied Units and other specialties. Construction work for this project is in progress and is expected to be completed by 20th March 2023.

Keeping in view growing health care services and funding requirement, kindly send your Zakat and Donations to CGH for providing high quality treatment facilities to needy patients.

### WHAT IS DENGUE?

Dengue fever is a disease caused by a family of viruses transmitted by infected mosquitoes. It is an acute illness of sudden onset that usually follows a benign course with symptoms such as headache, fever, exhaustion, severe muscle and joint pain, swollen lymph nodes (lymphadenopathy) and rash.

#### Symptoms



High Fever



Rashes



Headache



Joint Pain





## Consultants

### Anesthesiologists

Dr. Mateen Akhter (Morning) MBBS, MCPS  
Dr. Arshad Ali Sheikh (Evening) MBBS  
Dr. Rashid Ansari (Morning) MBBS, MCPS

### Cardiologists

Dr. Imran Hameed (Morning) MBBS, Dip Card.  
Dr. Zafar Iqbal (Evening) MBBS, F.C.P.S, IMM Internal Medicine  
Dr. Abdul Hafeez (Morning) MBBS, Diploma in Cardiology

### Dental Surgeons

Dr. Shaista Parveen (Morning) BDS, RDS  
Dr. Madiha Anum (Morning) BDS, RDS  
Dr. Maira Zahid (Evening) BDS, RDS  
Dr. Jamshed Ahmed (Night) BDS, FCPS  
Dr. Saqib Zafar (Night) BDS, RDS

### Dermatologists

Dr. Junaid Rabbani (Morning) MBBS, D. Derm  
Dr. Rukhsana Tariq (Evening) MBBS, MCPS

### Diabetologists

Dr. Amin Abdullah Macchi (Evn) MBBS, Dip. in Diabetology  
Dr. M. Zafar Iqbal Abbasi (Night) MBBS, C.R.C.P, Diploma

### ENT Specialists

Dr. Imtiaz Ather Siddique (Morn) MBBS, DLO  
Dr. Nand Lal (Evening) MBBS, DLO

### Gastroenterologists

Dr. Asad Sadiq (Morning) MBBS, MD  
Dr. Manzoor Hussain (Evening) MBBS, FCPS  
Dr. Waqar Ud Din (Morning) MBBS, MD

### Urologists

Dr. Iqbal Shahzad (Evening) MBBS, FCPS  
Dr. Mahmood Ahmed (Evening) MBBS, MS

### General Physicians

Dr. Imtiaz Manzoor (Morning) MBBS, FCPS  
Dr. Salma Khan (Morning) MBBS, MD  
Dr. Sumera Nawaz (Evening) MBBS, MCPS, MD  
Dr. Habib Mustafa (Morning) MBBS, MCPS, FCPS

### General Surgeon

Dr. Mumtaz Manzoor (Morning) MBBS, FCPS  
Dr. Anam Arif (Morning) MBBS, FCPS  
Dr. Rakesh Kumar (Morning) MBBS, FCPS  
Dr. Lajpat Rai (Night) MBBS, FCPS

### Gynaecologists

Dr. Rafia Saleem Ansari (Morning) MBBS, MCPS, FCPS  
Dr. Sareeka Rathore (Evening) MBBS, MCPS, FCPS  
Dr. Bushra Liaqat (Morning) MBBS, FCPS  
Dr. Syeda Najmusahar (Night) MBBS, FCPS  
Dr. Asma Haque (Morning) MBBS, FCPS  
Dr. Asma Safdar (Evening) MBBS, MCPS, FCPS

### Neuro Physicians

Dr. Shakil Ahmed (Morning) MBBS, Diploma in Clinical Neurology, MD

### Neuro Surgeon

Dr. Muhammad Adil Khatri (Evn) MBBS, FCPS

### Orthopaedic Surgeons

Dr. Capt. Iqbal Alam (Morning) MBBS, MS  
Dr. Irfan Ashraf (Morning) MBBS, FCPS  
Dr. Vikash Singh (Night) MBBS, FCPS  
Dr. Saliman Javed (Evening) MBBS, MCPS, FCPS

### Pathologist

Dr. Arif Jamil Khan (Morning) MBBS, MCPS

### Paediatric Surgeon

Dr. Syed Waqas Ali (Evening) MBBS, FCPS

### Plastic Surgeon

Dr. Nasir Uddin Khan (Evening) MBBS, FCPS

### Paediatricians

Prof. Dr. Muhammad Javed (Morn) MBBS, DCH, MCPS, MRCP, MD  
Dr. Farrukh Naseem Vohra (Night) MBBS, DCH  
Dr. M. Shahid Ghaffar (Evening) MBBS, MCPS, FCPS  
Dr. Usha Khatri (Evening) MBBS, DCH  
Dr. Jamil Ahmed (Morning) MBBS, DCH

### Psychiatrist

Dr. Saleem Ahmed (Night) MBBS, DPM

### Clinical Psychologist

Ms. Aneela Hakeem Rajpar (Morn) M.Sc (Psychology)

### Physiotherapists

Mr. Manzoor Hussain (Morn & Night) BSPT, DPT  
Ms. Rubeeena Islam (Evening & Night) DPT  
Ms. Sana Ambreen (Morning) BSPT, DPT  
Ms. Maryam Ansari (Morning) BSPT, DPT

### Radiologists

Dr. Fahad Ali (Evening & Morning) MBBS, FCPS  
Dr. Muhammad Asad (Evn & Morning) MBBS, FCPS

### Sonologists

Dr. Maria Anum (Morning) MBBS, FCPS  
Dr. Farzana Yousuf (Morning) MBBS  
Dr. Neelofar Awan (Evening) MBBS  
Dr. Shumaila Khurram (Evening) MBBS

### Clinical Dietician

Ms. Maria Aezaz (Evening) BS (Nutrition, Dietetics), RDN, CDE

### Echocardiography

Ms. Shazia (Evening) Senior Echocardiographer

### Pulmonologist

Dr. Johar Hassan (Evening) BS (Nutrition, Dietetics), RDN, CDE

## MAJOR FACILITIES



X-RAY



LABORATORY



CT SCAN



PHARMACY



ICU



EMERGENCY

زکوٰۃ دین  
خوشیاں بانٹیں



گزشتہ 26 سالوں کے دوران آپکی دی ہوئی  
زکوٰۃ سے تقریباً 1,250,000 مریضوں کا مفت  
علاج کیا جا چکا ہے۔